

# BELGIAN TEAM MAP

## EUROPEAN 10,000M CUP

28 MAY 2022 – PACÉ, FRANCE

## DELEGATION

### ATHLETES

Bouchikhi Soufiane

De Cock Florence

Herbiet Chloé

Lauwaert Nina

### OFFICIALS

Igo Roger

Head of Delegation

## ATHLETES BIOGRAPHIES

### Nina Lauwaert



Robby Verdickt

Club ACW

Coach Bart Raes

Qualified with 33:24.87 at Malmédy on 30/04/22

PB 32:52.29 London 06/07/2019

SB 33:24.87

European Ranking Position 10,000m 49<sup>th</sup>

### Florence De Cock



Belga

Club WACO

Coach Roger Igo

Qualified with 33:25.86 at Pacé (FRA) on 29/08/21

PB 33:25.86 Pacé 29/08/2021

SB N/A

European Ranking Position 10,000m 85<sup>th</sup>

### Chloé Herbiet



Baptiste Huberland

Club WACO

Coach Thomas Vandormael

Qualified with 33:25.95 at Malmédy on 30/04/22

PB 33:25.95 Malmédy 30/04/22

SB 33:25.95

European Ranking Position 10,000m 110<sup>th</sup>

**Soufiane Bouchikhi**



Belga

Club RFCL

Coach Hassan Ait Abbou

Qualified with 28:08:89 at London on 14/05/22

PB 27:41.20 Palo Alto 03/05/2018

SB 28:08:89

European Ranking Position 10,000m 38<sup>th</sup>

## TIMETABLE

### 28 MAY

9:30 10 x 1000m Relay - Inter School Challenge

10:45 12 minutes Race - Mixed - U14

11:05 2024m Race - Para

11:30 2024m Race - Adapted

12:00 20 minutes Race - Mixed - U16

12:30 30 minutes Race - Girls - U18

13:05 30 minutes Race - Boys - U18

13:40 10 x 1000m Relay - Mixed

14:45 Race F - Men - French Championships

15:30 Race E - Women - French Championships

16:25 Race D - Men - French Championships

17:05 Race C - Men - French Championships

17:50 Opening Ceremony - European 10,000m Cup

18:10 Race B - Women - European 10,000m Cup

18:55 Race B - Men - European 10,000m Cup

19:35 Race A - Women - European 10,000m Cup

20:20 Race A - Men - European 10,000m Cup

21:00 Individual Victory Ceremony (Women) – French Championships

21:05 Individual Victory Ceremony (Men) – French Championships

21:10 Individual Victory Ceremony (Women) – 10,000m Cup

21:15 Individual Victory Ceremony (Men) – 10,000m Cup

21:20 Team Victory Ceremony (Women) – 10,000m Cup

21:25 Team Victory Ceremony (Men) – 10,000m Cup

## BELGIAN PRIZE LIST OF PREVIOUS EDITIONS

### 1997 – BRAGA, PORTUGAL

Did not participate

### 1998 – LISBOA, PORTUGAL

Did not participate

### 1999 – BARAKALDO, SPAIN

Christian Nemeth	M	29:18.63	35 <sup>th</sup>
Koen Allaert	M	29:31.95	40 <sup>th</sup>
Lieve Slegers	W	32:29.94	17 <sup>th</sup>

### 2000 – LISBOA, PORTUGAL

Koen Allaert	M	28:11.42	9 <sup>th</sup>
Guy Fays	M	29:13.17	33 <sup>th</sup>
Christian Nemeth	M	29:34.79	40 <sup>th</sup>
Team Men		1:26:59.38	7 <sup>th</sup>

### 2001 – BARAKALDO, SPAIN

Koen Allaert	M	28:20.89	7 <sup>th</sup>
Tom Van Hooste	M	28:44.39	10 <sup>th</sup>
Christian Nemeth	M	29:47.47	29 <sup>th</sup>
Guys Fays	M	DNF	
Frederic Collignon	M	DNF	
Team Men		1:26:52.75	4 <sup>th</sup>

### 2002 – CAMAIORE, ITALY

Tom Van Hooste	M	28:21.21	10 <sup>th</sup>
Guy Fays	M	28:32.54	18 <sup>th</sup>
Christian Nemeth	M	29:18.40	26 <sup>th</sup>
Frederic Collignon	M	DNF	

Sandra Van Der Haeseveld	W	34:36.24	31 <sup>th</sup>
Ania Smolders	W	DNF	
Team Men		1:26:12.15	5 <sup>th</sup>

### **2003 – ATHENS, GREECE**

Christian Nemeth	M	29:30.12	19 <sup>th</sup>
Frederic Collignon	M	DNF	

### **2004 – MARIBOR, SLOVENIA**

Christian Nemeth	M	29:30.34	14 <sup>th</sup>
Frederic Collignon	M	DNF	
Mounia Aboulahcem	W	33:42.98	16 <sup>th</sup>
Ania Smolders	W	DNF	

### **2005 – BARAKLADO, SPAIN**

Did not participate

### **2006 – ANTALYA, TURKEY**

Guy fays	M	28:57.09	8 <sup>th</sup>
Jesse Strootbants	M	29:05.07	11 <sup>th</sup>
Rick Ceulemans	M	30:27.03	30 <sup>th</sup>
Fatiha Baouf	W	32:36.23	5 <sup>th</sup>
Nathalie De Vos	W	32:36.84	6 <sup>th</sup>
Ania Smolders	W	33 :04.06	12 <sup>th</sup>
Team Men		1 :28 :29.19	5 <sup>th</sup>
Team Women		1 :38 :17.13	1 <sup>st</sup>

### **2007 – FERRARA, ITALY**

Nathalie De Vos	W	32:07.62	3 <sup>rd</sup>
Anke Van Campen	W	34 :13.07	12 <sup>th</sup>

### **2008 – ISTANBUL, TURKEY**

Nathalie De Vos	W	33 :10.76	10 <sup>th</sup>
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### **2009 – RIBEIRA BRAVA, PORTUGAL**

Monder Rizki	M	28 :38.27	7 <sup>th</sup>
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### **2010 – MARSEILLE, FRANCE**

Atelaw Yeshetela Bekele	M	30 :40.66	37 <sup>th</sup>
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Florent Carlen	M	DNF	
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Sandra Schenkel	W	33:35.64	20 <sup>th</sup>
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Vania Cnops	W	38:31.69	30 <sup>th</sup>
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### **2011 – OSLO, NORWAY**

Florent Caelen	M	30:17.56	27 <sup>th</sup>
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Lander Van Droegenbroeck	M	30:50.33	33 <sup>th</sup>
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Xenia Luxem	W	DNF	
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Sandra Schenkel	W	DNF	
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### **2012 – BILBAO, SPAIN**

Did not Participate

### **2013 – PRAVETS, BULGARIA**

Abdelhadi El Hachimi	M	29:29.41	11 <sup>th</sup>
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Florent Caelen	M	30:46.11	23 <sup>th</sup>
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### **2014 – SKOPJE, NORTH MACEDONIA**

Emmanuel Lejeune	M	30:48.72	33 <sup>th</sup>
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### **2015 – CHIA, ITALY**

Abdelhadi El Hachimi	M	29:18.59	11 <sup>th</sup>
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### **2016 – MERSIN, TURKEY**

Did not participate

### **2017 – MINSK, BELARUS**

Did not participate

### **2018 – LONDON, UNITED KINGDOM**

Steven Castele	M	29:12.01	31 <sup>th</sup>
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Jean-Pierre Weerts	M	29:44.14	51 <sup>th</sup>
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### 2019 – LONDON, UNITED KINGDOM

Soufiane Bouchikhi	M	28:04.09	4 <sup>th</sup>
Michael Somers	M	28:48.29	24 <sup>th</sup>
Valentin Poncelet	M	29:47.09	56 <sup>th</sup>
Nina Lauwaert	W	32:52.29	17 <sup>th</sup>
Karen Van Proeyen	W	35:39.24	57 <sup>th</sup>
Team Men		1:26:39.47	7 <sup>th</sup>

### 2020 – POSPONED DUE TO THE COVID PANDEMIC

### 2021 – BIRMINGHAM, UNITED KINGDOM

Bashir Abdi	M	27:24.41	2 <sup>nd</sup>
Lashene Bouchikhi	M	28:45.30	23 <sup>th</sup>
Clément Deflandre	M	29:15.02	34 <sup>th</sup>
Nicolai Saké	M	29:19.96	35 <sup>th</sup>
Nina Lauwaert	W	33:45.80	22 <sup>th</sup>
Karen Van Proeyen	W	34:57.27	28 <sup>th</sup>
Team Men		1:25:24.73	5 <sup>th</sup>

## BELGIAN PODIUMS

### PODIUMS PER YEAR

2006	Gold Medal	Team Women
		Fatiha Baouf - Nathalie De Vos - Ania Smolders 2007
	Bronze Medal	Nathalie De Vos
2021	Silver Medal	Bashir Abdi

## SUMMARY OF MEDALS

### Individual

Gold  
0

Silver  
1

Bronze  
1

### Team

Gold  
1

Silver  
0

Bronze  
0

## CONTACT US

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