

| UUR HEURE | PROEF ÉPREUVE | REEKS SÉRIE | UITERSTE AANMELDING HEURE LIMITE DE PRÉSENTATION | START OPROEPKAMER OUVERTURE CHAMBRE D'APPEL | SLUITING OPROEPKAMER FERMETURE CHAMBRE D'APPEL | BOX | NAAR TERREIN VERS TERRAIN | PODIUM |
|--------------|--|----------------|---|--|---|-------|------------------------------|--------|
| 11 45 | HAMER / MARTEAU | M/H | 10 45 | 11 00 | 11 20 | 1 | 11 22 | 13 45 |
| 13 00 | HAMER / MARTEAU | V/F | 12 00 | 12 30 | 12 35 | 1 | 12 37 | 14 30 |
| 14 00 | 400MH | V/F | 1 | 13 00 | 13 40 | 1 | 13 47 | |
| 14 05 | HOOG FYS/VI / HAUTEUR PHY/VIS | V/F+M/H | 13 05 | 13 20 | 13 25 | 2 | 13 27 | 15 15 |
| 14 05 | 400MH | V/F | 2 | 13 00 | 13 45 | 3 | 13 52 | |
| 14 10 | 400MH | V/F | 3 | 13 00 | 13 50 | 5 | 13 57 | |
| 14 15 | DISCUS / DISQUE | V/F | 13 15 | 13 25 | 13 30 | 4 | 13 32 | 16 25 |
| 14 20 | VER AC + FYS/VI / LONGUEUR TC + PHY/VIS | M/H | 13 20 | 13 30 | 13 35 | 6 | 13 37 | 16 55 |
| 14 25 | KOGEL / POIDS | M/H | 13 25 | 13 35 | 13 40 | 5 | 13 42 | 16 45 |
| 14 25 | 400MH | M/H | 1 | 13 25 | 14 00 | 2 | 14 07 | |
| 14 30 | 400MH | M/H | 2 | 13 25 | 14 05 | 4 | 14 12 | |
| 14 35 | 400MH | M/H | 3 | 13 25 | 14 10 | 6 | 14 17 | |
| 14 45 | HOOG / HAUTEUR | M/H | 13 45 | 14 15 | 14 20 | 1 | 14 22 | 17 05 |
| 14 55 | 400M | M/H | 1 | 13 55 | 14 20 | 2 | 14 27 | |
| 15 00 | 400M | M/H | 2 | 13 55 | 14 25 | 3 | 14 32 | |
| 15 05 | 400M | M/H | 3 | 13 55 | 14 30 | 4 | 14 37 | |
| 15 10 | 400M | M/H | 4 | 13 55 | 14 35 | 5 | 14 42 | |
| 15 15 | 400M | V/F | 1 | 14 15 | 14 50 | 6 | 14 57 | |
| 15 20 | 400M | V/F | 2 | 14 15 | 14 55 | 1 | 15 02 | |
| 15 25 | 400M | V/F | 3 | 14 15 | 15 00 | 2 | 15 07 | |
| 15 25 | KOGEL - DISCUS - SPEER ZITTEND FYS / POIDS - DISQUE - JAVELOT ASSIS PHY | V/F+M/H | 14 25 | 14 45 | 14 50 | 7 ♂ | 14 52 | 16 50 |
| 15 30 | 400M | V/F | 4 | 14 15 | 15 05 | 5 | 15 12 | |
| 15 30 | DISCUS AMH / DISQUE PARA | V/F+M/H | 14 30 | 14 40 | 14 45 | 3 | 14 47 | 17 15 |
| 15 35 | 400M WHEELERS | M/H | 14 35 | 15 15 | 15 20 | 7 ♂ | 15 22 | 16 05 |
| 15 40 | 400M WHEELERS | V/F | 14 40 | 15 20 | 15 25 | 8 ♂ | 15 27 | 16 15 |
| 15 45 | 800M | V/F | 1 | 14 45 | 15 25 | 5 | 15 32 | |
| 15 50 | 800M | V/F | 2 | 14 45 | 15 30 | 3 | 15 37 | |
| 15 55 | 800M | V/F | 3 | 14 45 | 15 35 | 4 | 15 42 | |
| 16 00 | 800M | V/F | 4 | 14 45 | 15 40 | 1 | 15 47 | |
| 16 00 | VER AC + FYS/VI / LONGUEUR TC + PHY/VIS | V/F | 15 00 | 15 10 | 15 15 | 6 | 15 17 | 17 25 |
| 16 05 | 800M | M/H | 1 | 15 05 | 15 50 | 2 | 15 57 | |
| 16 10 | 800M | M/H | 2 | 15 05 | 15 55 | 3 | 16 02 | |
| 16 15 | 800M | M/H | 3 | 15 05 | 16 00 | 4 | 16 07 | |
| 16 20 | 800M | M/H | 4 | 15 05 | 16 05 | 1 | 16 12 | |
| 16 25 | 100M | V/F | 1 | 15 25 | 16 15 | 2 | 16 22 | |
| 16 30 | KOGEL / POIDS | V/F | 15 30 | 15 45 | 15 50 | 5 | 15 52 | 17 55 |
| 16 30 | 100M | V/F | 2 | 15 25 | 16 20 | 3 | 16 27 | |
| 16 35 | 100M | V/F | 3 | 15 25 | 16 25 | 4 | 16 32 | |
| 16 40 | 100M | V/F | 4 | 15 25 | 16 30 | 1 | 16 37 | |
| 16 45 | HOOG / HAUTEUR | V/F | 15 45 | 16 10 | 16 15 | 5 | 16 17 | 18 10 |
| 16 50 | 100M | M/H | 1 | 15 50 | 16 35 | 2 | 16 42 | |
| 16 55 | 100M | M/H | 2 | 15 50 | 16 40 | 3 | 16 47 | |
| 17 00 | 100M | M/H | 3 | 15 50 | 16 45 | 4 | 16 52 | |
| 17 05 | 100M | M/H | 4 | 15 50 | 16 50 | 1 | 16 57 | |
| 17 10 | 1500M | V/F | 1 | 16 10 | 17 00 | 2 + 6 | 17 07 | |
| 17 10 | DISCUS / DISQUE | M/H | 16 10 | 16 50 | 16 55 | 6 | 16 57 | 18 45 |
| 17 15 | 1500M | V/F | 2 | 16 10 | 17 05 | 1 + 3 | 17 12 | |
| 17 25 | 1500M | M/H | 1 | 16 25 | 17 15 | 2 + 4 | 17 22 | |
| 17 30 | 1500M | M/H | 2 | 16 25 | 17 20 | 1 + 3 | 17 27 | |
| 17 30 | KOGEL FYS/VI / POIDS PHY/VIS | V/F+M/H | 16 30 | 17 05 | 17 10 | 5 | 17 12 | 18 30 |
| 17 35 | 3000M STEEPLE | M/H | 16 35 | 17 25 | 17 30 | 2 + 4 | 17 32 | 18 20 |
| 17 55 | 100M FYS/VI / PHY/VIS | V/F | 16 55 | 17 35 | 17 40 | 3 | 17 42 | 18 25 |
| 18 00 | 100M FYS/VI / PHY/VIS | M/H | 17 00 | 17 40 | 17 45 | 4 | 17 47 | 18 35 |
| 18 05 | 100M | V/F | B | 17 45 | 17 50 | 5 | 17 52 | |
| 18 10 | 100M | V/F | A | 17 50 | 17 55 | 6 | 17 57 | 18 40 |
| 18 15 | 100M | M/H | B | 17 55 | 18 00 | 1 | 18 02 | |
| 18 20 | 100M | M/H | A | 18 00 | 18 05 | 2 | 18 07 | 18 50 |
| 18 25 | 3000M STEEPLE | V/F | 17 25 | 18 05 | 18 10 | 3 + 4 | 18 12 | 18 55 |



BK ALLE CATEGORIEËN & BK AMH FYS/VIS
CB TC & CB PARATHLÉTISME PHY/VIS

ZONDAG 26 JULI 2026
DIMANCHE 26 JUILLET 2026

| UUR HEURE | PROEF ÉPREUVE | REEKS SÉRIE | UITERSTE AANMELDING HEURE LIMITE DE PRÉSENTATION | START OPROEPKAMER OUVERTURE CHAMBRE D'APPEL | SLUITING OPROEPKAMER FERMETURE CHAMBRE D'APPEL | BOX | NAAR TERREIN VERS TERRAIN | PODIUM | |
|--------------|--------------------------------|----------------|---|--|---|-------|------------------------------|--------|-------|
| 14:00 | 100MH | V/F | 1 | 13:00 | 13:40 | 13:45 | 3 | 13:47 | |
| 14:00 | POLSSTOK / PERCHE | M/H | | 13:00 | 13:00 | 13:05 | 3 | 13:07 | 16:25 |
| 14:05 | HSS / TRIPLE SAUT | M/H | | 13:05 | 13:30 | 13:35 | 1 | 13:37 | 16:20 |
| 14:05 | 100MH | V/F | 2 | 13:00 | 13:45 | 13:50 | 4 | 13:52 | |
| 14:10 | SPEER / JAVELOT | V/F | | 13:10 | 13:35 | 13:40 | 2 | 13:42 | 16:10 |
| 14:10 | 100MH | V/F | 3 | 13:00 | 13:50 | 13:55 | 5 | 13:57 | |
| 14:30 | 110MH | M/H | 1 | 13:30 | 14:10 | 14:15 | 1 | 14:17 | |
| 14:35 | 110MH | M/H | 2 | 13:30 | 14:15 | 14:20 | 2 | 14:22 | |
| 14:40 | 110MH | M/H | 3 | 13:30 | 14:20 | 14:25 | 3 | 14:27 | |
| 15:00 | 200M | V/F | 1 | 13:55 | 14:35 | 14:40 | 4 | 14:42 | |
| 15:05 | 200M | V/F | 2 | 13:55 | 14:40 | 14:45 | 5 | 14:47 | |
| 15:10 | 200M | V/F | 3 | 13:55 | 14:45 | 14:50 | 6 | 14:52 | |
| 15:15 | 200M | V/F | 4 | 13:55 | 14:50 | 14:55 | 1 | 14:57 | |
| 15:20 | 200M | M/H | 1 | 14:20 | 15:00 | 15:05 | 3 | 15:07 | |
| 15:25 | 200M | M/H | 2 | 14:20 | 15:05 | 15:10 | 4 | 15:12 | |
| 15:30 | 200M | M/H | 3 | 14:20 | 15:10 | 15:15 | 5 | 15:17 | |
| 15:30 | SPEER / JAVELOT | M/H | | 14:30 | 14:55 | 15:00 | 2 | 15:02 | 17:30 |
| 15:35 | 200M | M/H | 4 | 14:20 | 15:15 | 15:20 | 6 | 15:22 | |
| 15:40 | 100MH FINALE | V/F | B | | 15:20 | 15:25 | 1 | 15:27 | |
| 15:50 | 100MH FINALE | V/F | A | | 15:30 | 15:35 | 2 | 15:37 | 16:30 |
| 16:00 | 110MH FINALE | M/H | B | | 15:40 | 15:45 | 4 | 15:47 | |
| 16:05 | HSS / TRIPLE SAUT | V/F | | 15:05 | 15:25 | 15:30 | 3 | 15:32 | 17:55 |
| 16:10 | 110MH FINALE | M/H | A | | 15:45 | 15:50 | 5 | 15:52 | 16:35 |
| 16:20 | 100M WHEELERS/FRAMERUNNER | V/F | | 15:20 | 15:50 | 15:55 | 7 ♂ | 15:57 | 16:40 |
| 16:25 | 100M WHEELERS/FRAMERUNNER | M/H | | 15:25 | 15:55 | 16:00 | 8 ♂ | 16:02 | 16:45 |
| 16:30 | 400M FINALE | V/F | | 15:20 | 16:05 | 16:10 | 1 | 16:12 | 16:50 |
| 16:35 | 400M FINALE | M/H | | 15:25 | 16:10 | 16:15 | 2 | 16:17 | 16:55 |
| 16:35 | POLSSTOK / PERCHE | V/F | | 15:35 | 15:35 | 15:40 | 6 | 15:42 | 18:50 |
| 16:35 | SPEER FYS/VI / JAVELOT PHY/VIS | V/F+M/H | | 15:35 | 16:00 | 16:05 | 5 | 16:07 | 17:25 |
| 16:40 | 400M FYS/VI / PHY/VIS | V/F | | 15:30 | 16:20 | 16:25 | 3 | 16:27 | 17:05 |
| 16:45 | 400M FYS/VI / PHY/VIS | M/H | | 15:45 | 16:25 | 16:30 | 5 | 16:32 | 17:10 |
| 16:50 | 400MH FINALE | M/H | | 15:50 | 16:30 | 16:35 | 4 | 16:37 | 17:15 |
| 16:55 | 400MH FINALE | V/F | | 15:55 | 16:35 | 16:40 | 6 | 16:42 | 17:20 |
| 17:00 | 800M FINALE | V/F | | 16:00 | 16:40 | 16:45 | 1 | 16:47 | 17:40 |
| 17:10 | 800M FINALE | M/H | | 16:10 | 16:50 | 16:55 | 2 | 16:57 | 17:50 |
| 17:20 | 200M FINALE | V/F | | | 17:00 | 17:05 | 3 | 17:07 | 18:00 |
| 17:25 | 200M FINALE | M/H | | | 17:05 | 17:10 | 4 | 17:12 | 18:05 |
| 17:30 | 200M AMH / PARA | V/F | | 16:30 | 17:10 | 17:15 | 5 | 17:17 | 18:10 |
| 17:35 | 200M AMH / PARA | M/H | | 16:35 | 17:15 | 17:20 | 6 | 17:22 | 18:15 |
| 17:40 | 200M WHEELERS/FRAMERUNNING | V/F | | 16:40 | 17:20 | 17:25 | 7 ♂ | 17:27 | 18:25 |
| 17:45 | 200M WHEELERS/FRAMERUNNING | M/H | | 16:45 | 17:25 | 17:30 | 8 ♂ | 17:32 | 18:30 |
| 17:55 | 1500M FINALE | V/F | | 16:55 | 17:35 | 17:40 | 1 + 2 | 17:42 | 18:35 |
| 18:05 | 1500M FINALE | M/H | | 17:05 | 17:45 | 17:50 | 3 + 4 | 17:52 | 18:40 |
| 18:15 | 800M WHEELERS | V/F | | 17:15 | 17:55 | 18:00 | 7 ♂ | 18:02 | 18:45 |
| 18:20 | 800M WHEELERS | M/H | | 17:20 | 18:00 | 18:05 | 8 ♂ | 18:07 | 18:55 |
| 18:25 | 5000M | V/F | | 17:25 | 18:05 | 18:10 | 1 + 2 + 3 | 18:12 | 19:00 |
| 18:45 | 5000M | M/H | | 17:45 | 18:25 | 18:30 | 4 + 5 + 6 | 18:32 | 19:25 |

