

Family Name	First Name	Age Group	Competition	Place	H/F	Date	Hour	Place	Mark	
HERINCKX	JOS	M65	400m	Gallur	H	19/03/18	11:49	3/13	1:04.25	
BIAUMET	ANDRE	M65	400m	Gallur	H	19/03/18	11:49	6/13	1:05.81	
RAUSCH	MICHEL	M50	400m	Gallur	H	19/03/18	13:21	20/31	59.34	
GOOSSENS	ALAIN	M45	400m	Gallur	H	19/03/18	14:01	10/37	55.97	
NKUMU BAKUBA	NANCY	F40	400m	Gallur	H	19/03/18	14:33	2/12	1:01.92	
POULAIN	PHILIPPE	M50	Long jump	Gallur	F	19/03/18	14:45	9/16	5m51	
DUCAT	GREGORY	M35	400m	Gallur	H	19/03/18	15:25	22/29	57.30	
SAUSSUS	JEAN PAUL	M50	Hammer throw Kg 6.000	Moratalaz	F	19/03/18	18:30	6/15	41m12	
GOOSSENS	ALAIN	M45	400m	Gallur	1/2F	19/03/18	19:55	17/18	57.30	
<b>VERDONCK</b>	<b>PETRUS</b>	<b>M85</b>	<b>Shot put Kg 3.000</b>	<b>Gallur</b>	<b>F</b>	<b>20/03/18</b>	<b>09:00</b>	<b>1/7</b>	<b>10m33</b>	
WOZNY	ERIC	M50	3000m	Gallur	F	20/03/18	09:10	31/33	11:27.68	
<b>TOMANEK</b>	<b>MARGARETHE</b>	<b>F65</b>	<b>Hammer throw Kg 3.000</b>	<b>Moratalaz</b>	<b>F</b>	<b>20/03/18</b>	<b>11:20</b>	<b>2/10</b>	<b>32m17</b>	
<b>JOANNES</b>	<b>CLAIRE</b>	<b>F70</b>	<b>400m</b>	<b>Gallur</b>	<b>F</b>	<b>20/03/18</b>	<b>14:50</b>	<b>1/1</b>	<b>1:38.43</b>	<b>BR</b>
BIAUMET	ANDRE	M65	400m	Gallur	F	20/03/18	15:05	4/6	1:04.91	
HERINCKX	JOS	M65	400m	Gallur	F	20/03/18	15:05	5/6	1:06.70	
<b>NKUMU BAKUBA</b>	<b>NANCY</b>	<b>F40</b>	<b>400m</b>	<b>Gallur</b>	<b>F</b>	<b>20/03/18</b>	<b>15:50</b>	<b>3/6</b>	<b>1:00.73</b>	
LENAERS	REGINA	F50	Hammer throw Kg 3.000	Moratalaz	F	20/03/18	16:30	10/14	27m77	
VOS	INGRID	F50	Hammer throw Kg 3.000	Moratalaz	F	20/03/18	16:30	6/14	37m30	
HEYLEN	RONALD	M55	60m	Gallur	H	20/03/18	17:52	18/47	8.11	
VANDOOREN	BENEDICTE	F50	60m	Gallur	H	20/03/18	18:20	22/27	9.62	
POULAIN	PHILIPPE	M50	60m	Gallur	H	20/03/18	18:36	29/45	8.04	
VAN LOOY	PATRICK	M50	60m	Gallur	H	20/03/18	18:36	40/45	8.52	
ADANT	CAROLINE	F40	60m	Gallur	H	20/03/18	20:08	7/31	8.31	
DECORTE	LYNN	F35	60m	Gallur	H	20/03/18	20:56	7/18	8.28	
ADANT	CAROLINE	F40	60m	Gallur	1/2F	20/03/18	22:52	5/16	8.29	
BIAUMET	ANDRE	M65	800m	Gallur	H	21/03/18	09:14	4/25	2:32.61	
HERINCKX	JOS	M65	800m	Gallur	H	21/03/18	09:14	7/25	2:34.30	
VAN KERKHOVEN	DIRK	M55	800m	Gallur	H	21/03/18	10:24	2/44	2:16.87	
GRYMONPON	JOOST	M45	800m	Gallur	H	21/03/18	11:34	16/44	2:10.09	
FILLEE	RONNY	M45	800m	Gallur	H	21/03/18	11:34	23/44	2:11.91	
CORVERS	WIM	M40	800m	Gallur	H	21/03/18	12:23	20/36	2:09.62	
NEIRINCK	GERT	M40	800m	Gallur	H	21/03/18	12:23	29/36	2:13.23	
VANDAMME	BRAM	M35	800m	Gallur	H	21/03/18	13:05	20/37	2:05.66	
<b>SARRAZIN</b>	<b>ANNELIES</b>	<b>F35</b>	<b>3 Km track walk</b>	<b>Gallur</b>	<b>F</b>	<b>21/03/18</b>	<b>15:05</b>	<b>2/3</b>	<b>16:25.61</b>	
<b>BOGAERT</b>	<b>DIRK</b>	<b>M60</b>	<b>3 Km track walk</b>	<b>Gallur</b>	<b>F</b>	<b>21/03/18</b>	<b>15:05</b>	<b>2/11</b>	<b>15/47.08</b>	<b>BR</b>

<b>LENOIR</b>	<b>HENRI</b>	<b>M85</b>	<b>60m</b>	<b>Gallur</b>	<b>F</b>	<b>21/03/18</b>	<b>17:35</b>	<b>1/4</b>	<b>9.97</b>	
ADANT	CAROLINE	F40	60m	Gallur	F	21/03/18	19:00	5/8	8.27	
DECORTE	LYNN	F35	60m	Gallur	F	21/03/18	19:10	5/8	8.15	
VAN KERKHOVEN	DIRK	M55	800m	Gallur	1/2F	21/03/18	19:24	9/18	2:17.30	
GRYMONPON	JOOST	M45	800m	Gallur	1/2F	21/03/18	19:52	15/18	2:10.72	
HEYLEN	RONALD	M55	200m	Gallur	H	22/03/18	11:50	17/44	26.67	
AMELLAL	MARYAM	F45	200m	Gallur	H	22/03/18	13:26	8/35	27.46	BR
VERVYNCK	LUC	M45	200m	Gallur	H	22/03/18	14:10	3/72	23.65	
<b>TOMANEK</b>	<b>MARGARETHE</b>	<b>F65</b>	<b>Discus throw Kg 1,000</b>	<b>Moratalaz</b>	<b>F</b>	<b>22/03/18</b>	<b>14:15</b>	<b>1/10</b>	<b>26m11</b>	
ADANT	CAROLINE	F40	200m	Gallur	H	22/03/18	15:29	5/22	27.51	
NKUMU BAKUBA	NANCY	F40	200m	Gallur	H	22/03/18	15:29	7/22	27.88	
JOYE	CARINE	F60	Discus throw Kg 1,000	Moratalaz	F	22/03/18	16:00	5/9	25m38	
FONZE	STEPHANIE	F35	200m	Gallur	H	22/03/18	16:36	19/20	31.70	
DEPUYDT	KOEN	M50	Pentathlon Indoor	Gallur	F	22/03/18	17:05	8/21	3465 pts.	
DEPUYDT	KOEN	M50	Pentathlon 60mH	Gallur	F	22/03/18	17:05	13/25	10.07	
DEPUYDT	KOEN	M50	Pentathlon Long Jump	Gallur	F	22/03/18	17:50	10/25	5m32	
BUYLE	MARIE-JEANNE	F65	800m	Gallur	F	22/03/18	18:30	4/6	3:31.18	
BIAUMET	ANDRE	M65	800m	Gallur	F	22/03/18	18:36	7/9	2:35.55	
<b>HERINCKX</b>	<b>JOS</b>	<b>M65</b>	<b>800m</b>	<b>Gallur</b>	<b>F</b>	<b>22/03/18</b>	<b>18:36</b>	<b>3/9</b>	<b>2:28.18</b>	
VAN KERKHOVEN	DIRK	M55	800m	Gallur	F	22/03/18	19:00	7/9	2:14.82	
DEPUYDT	KOEN	M50	Pentathlon Shot Put	Gallur	F	22/03/18	19:10	16/24	9m28	
CLEMENT	ANNE-CATHERINE	F40	Triple jump	Gallur	F	22/03/18	20:30	5/10	10m12	
DEPUYDT	KOEN	M50	Pentathlon High Jump	Gallur	F	22/03/18	20:30	11/23	1m51	
HEYLEN	RONALD	M55	200m	Gallur	1/2F	22/03/18	20:58	21/23	27.95	
AMELLAL	MARYAM	F45	200m	Gallur	1/2F	22/03/18	21:42	8/18	27.75	
VERVYNCK	LUC	M45	200m	Gallur	1/2F	22/03/18	21:54	6/24	23.98	
FONZE	STEPHANIE	F35	Shot put Kg 4.000	Gallur	F	22/03/18	22:10	10/10	5m85	
ADANT	CAROLINE	F40	200m	Gallur	1/2F	22/03/18	22:18	6/12	27.76	
NKUMU BAKUBA	NANCY	F40	200m	Gallur	1/2F	22/03/18	22:18	8/12	28.27	
DEPUYDT	KOEN	M50	Pentathlon 1000m	Gallur	F	22/03/18	22:40	3/20	3:01.09	
<b>VERDONCK</b>	<b>PETRUS</b>	<b>M85</b>	<b>Javelin throw Gr400</b>	<b>Moratalaz</b>	<b>F</b>	<b>23/03/18</b>	<b>08:30</b>	<b>1/4</b>	<b>23m31</b>	<b>MR</b>
VAN KERKHOVEN	DIRK	M55	1500m	Gallur	F	23/03/18	11:05	20/32	4:53.05	
<b>BOGAERT</b>	<b>DIRK</b>	<b>M60</b>	<b>5 km road walk</b>	<b>Casa de Campo</b>	<b>F</b>	<b>23/03/18</b>	<b>11:50</b>	<b>2/13</b>	<b>26:50</b>	<b>BR</b>
BORGHOMS	LUC	M45	1500m	Gallur	F	23/03/18	12:16	5/48	4:20.17	
GRYMONPON	JOOST	M45	1500m	Gallur	F	23/03/18	12:16		DNF	
SARRAZIN	ANNELIES	F35	5 km road walk	Casa de Campo	F	23/03/18	12:30	4/7	28:11	

DREESEN	SALLY	F40	1500m	Gallur	F	23/03/18	13:05	22/27	5:23.59	
VANDAMME	BRAM	M35	1500m	Gallur	F	23/03/18	14:28	7/42	4:11.35	
<b>LENOIR</b>	<b>HENRI</b>	<b>M85</b>	<b>200m</b>	<b>Gallur</b>	<b>F</b>	<b>23/03/18</b>	<b>15:05</b>	<b>1/6</b>	<b>37.68</b>	
UDELHOVEN	LUKAS	M50	Javelin throw Gr700	Moratalaz	F	23/03/18	16:20	12/12	33m91	
VERVYNCK	LUC	M45	200m	Gallur	F	23/03/18	16:40	5/6	24.16	
ADANT	CAROLINE	F40	200m	Gallur	F	23/03/18	16:45	6/6	27.76	
VLAMINGS	JAN	M60	60m hurdles H 84-8.00	Gallur	H	23/03/18	19:15	12/15	10.80	
SAUSSUS	JEAN PAUL	M50	Weight throw Kg 11.34	Moratalaz	F	23/03/18	20:00	6/12	15m64	
HAVERHALS	JAN	M50	60m hurdles H 91-8.50	Gallur	H	23/03/18	20:05	13/16	9.91	
GUILLET	LAURENCE	F35	60m hurdles H 84-8.50	Gallur	F	23/03/18	22:30		DNF	
<b>JOANNES</b>	<b>CLAIRE</b>	<b>F70</b>	<b>Pentathlon Indoor</b>	<b>Gallur</b>	<b>F</b>	<b>24/03/18</b>	<b>09:05</b>	<b>1/2</b>	<b>3066 pts</b>	<b>BR</b>
JOANNES	CLAIRE	F70	Pentathlon 60mH	Gallur	F	24/03/18	09:05	2/2	15.56	BR
JOANNES	CLAIRE	F70	Pentathlon High Jump	Gallur	F	24/03/18	09:35	1/2	1m06	
LENAERS	REGINA	F50	Weight throw Kg 7.26	Moratalaz	F	24/03/18	10:30	14/16	9m36	
VOS	INGRID	F50	Weight throw Kg 7.26	Moratalaz	F	24/03/18	10:30	5/16	12m37	
BUYLE	MARIE-JEANNE	F65	Cross country	Cuña Verde	F	24/03/18	10:40	5/12	26:39	
JOANNES	CLAIRE	F70	Pentathlon Shot Put	Gallur	F	24/03/18	11:35	2/2	7m10	
LEEMANS	JEAN	M50	Cross country	Cuña Verde	F	24/03/18	12:00	62/62	30:20	
VANDEBOSCH	PATRICK	M50	Cross country	Cuña Verde	F	24/03/18	12:00	11/62	18:17	
WOZNY	ERIC	M50	Cross country	Cuña Verde	F	24/03/18	12:00	52/62	21:40	
BELGIUM		M50	Cross country	Cuña Verde	F	24/03/18	12:00	6/6		
<b>TOMANEK</b>	<b>MARGARETHE</b>	<b>F65</b>	<b>Weight throw Kg 5.45</b>	<b>Moratalaz</b>	<b>F</b>	<b>24/03/18</b>	<b>12:15</b>	<b>2/10</b>	<b>13m01</b>	
JOANNES	CLAIRE	F70	Pentathlon Long Jump	Gallur	F	24/03/18	12:35	2/2	2m59	BR
CARDENAS OJITO	JANET	F40	Cross country	Cuña Verde	F	24/03/18	13:10		DNF	
VANGOIDSENHOVEN	DIZIANA	F40	Cross country	Cuña Verde	F	24/03/18	13:10	30/32	23:44	
FILLEE	RONNY	M40 (M45)	Cross country	Cuña Verde	F	24/03/18	13:45		20:01	
CORVERS	WIM	M40	Cross country	Cuña Verde	F	24/03/18	13:45	52/67	19:08	
NEIRINCK	GERT	M40	Cross country	Cuña Verde	F	24/03/18	13:45	50/67	18:59	
<b>BELGIUM</b>		<b>M40</b>	<b>Cross country</b>	<b>Cuña Verde</b>	<b>F</b>	<b>24/03/18</b>	<b>13:45</b>	<b>3/4</b>		
JOANNES	CLAIRE	F70	Pentathlon 800m	Gallur	F	24/03/18	14:00	1/2	3:53.03	BR
BRUNINX	WENDY	F35	Weight throw Kg 9.08	Moratalaz	F	24/03/18	15:15	4/5	11m50	
BELGIUM		F40	4x200m	Gallur	F	24/03/18	15:30	5/8	1:54.24	
AMELLAL	MARYAM	F40 (F45)	4x200m	Gallur	F	24/03/18	15:30	5/8	1:54.24	
CARDENAS OJITO	JANET	F40	4x200m	Gallur	F	24/03/18	15:30	5/8	1:54.24	
NKUMU BAKUBA	NANCY	F40	4x200m	Gallur	F	24/03/18	15:30	5/8	1:54.24	
ADANT	CAROLINE	F40	4x200m	Gallur	F	24/03/18	15:30	5/8	1:54.24	