



Lucie FERAUGE

Sprint – ESPOIR 2

NEE LE **21/04/2000**

CLUB ACTUEL **CABW**

ENTRAINEUR **FRANÇOISE DETHIER**

PROFESSION **ETUDIANTE**

STATUT **HAUT NIVEAU**

RECORDS PERSONNELS

100m	11.73 -0.4	Lebbeke	29/06/2019
200m	23.56 +0.2	Gentbrugge	18/05/2019
400m	54.01	Oordegem	01/05/2019
60m	7.42	Gand	22/02/2020
200m indoor	23.42	Gand	22/02/2020
400m indoor	55.06	Gand	02/03/2019
4x400m	3.30.69	Yokohama (JAP)	11/05/2019
4x400m mixte	3.25.74	Yokohama (JAP)	12/05/2019

PALMARES INTERNATIONAL

2017	CE junior	200m	23.92	11 ^e , demi-fin.	Grosseto (ITA)
	CE junior	4x100m	45.28	6 ^e	Grosseto (ITA)
2019	World relays	4x400m	3.30.69	Séries	Yokohama (JAP)
	World Relays	4x400m mixte	3.25.74	8 ^e	Yokohama (JAP)
	CE U20	200m	23.63 -1.7	3 ^e	Boras (SWE)

PALMARES NATIONAL

2015	CB U16 indoor	60m	8.04	6 ^e	Gand
	CB U16 indoor	200m	26.07	1 ^{ère}	Gand
2016	CB indoor	200m	24.70	3 ^e	Gand
	CB U18 indoor	60m	7.76	4 ^e	Gand
	CB U18 indoor	200m	24.51	2 ^e	Gand
	CB U18	200m	26.39		Herentals
2017	CB U18 indoor	60m	7.58	2 ^e	Gand



	CB U18 indoor	200m	24.26	1 ^{ère}	Gand
	CB	200m	23.85	4 ^e	Bruxelles
	CB U18	100m	11.54 w	1 ^{ère}	Mouscron
	CB U18	200m	23.62 w	1 ^{ère}	Mouscron
2018	CB U20 indoor	200m	23.89	1 ^{ère}	Gand
	CB	200m	24.10	2 ^e	Bruxelles
	CB U20	100m	11.82w	1 ^{ère}	Mouscron
	CB U20	200m	24.11	1 ^{ère}	Mouscron
2019	CB indoor	200m	23.65	1 ^{ère}	Gand
	CB U20 indoor	400m	55.06	1 ^{ère}	Gand
	CB univ.	400m	54.01	2 ^e	Oordegem
	CB U20	100m	11.73 -0.4	1 ^{ère}	Lebbeke
	CB U20	200m	23.74 -1.1	1 ^{ère}	Lebbeke
	CB	200m	24.69 +0.8	7 ^e	Bruxelles
2020	CB indoor	200m	23.51	1 ^{ère}	Gand
	CB univ. indoor	60m	7.42	2 ^e	Gand
	CB univ. indoor	200m	23.42	1 ^{ère}	Gand
	CB U23 indoor	60m	7.42	2 ^e	Louvain-la-Neuve
	CB U23 indoor	200m	23.70	2 ^e	Louvain-la-Neuve
	CB	200m	24.16	5 ^e	Bruxelles
2021	CB indoor	400m	55.98	7 ^e	Louvain-la-Neuve

TITRES FRANCOPHONES TOUTES CATEGORIES

Indoor	60m	2019-2020
	200m	2019-2020

TITRES FRANCOPHONES JEUNES

Outdoor	100m	2017
	200m	2016-2017
Indoor	60m	2017
	200m	2016-2017

EVOLUTION

	Club	100m	200m	400m	60m	200m I	400m I
2015	Cadette	CABW	12.68	25.62	57.76	8.02	26.07 -
2016	Scolaire	CABW	12.28	24.85	55.37	7.75	24.51 -
2017	Scolaire	CABW	11.83	23.73	54.33	7.58	24.26 -
2018	Junior	CABW	11.91	24.09	54.27	7.54	23.89 -
2019	Junior	CABW	11.73	23.56	54.01	7.54	23.65 -
2020	Espoir	CABW	11.94	23.99	-	7.42	23.42 55.06
2021	Espoir	CABW					24.13 55.98

