



Palmarès des Championnats LBFA

Juniors Outdoor RECORDS LBFA JUNIORS

HOMMES

Année	nom	Club	Perf	Lieu	Année	nom	Club	Perf
100m Julien Watrin/DAMP 10.39 (2010)					200m Robin Vanderbenden/SER 20.99 (2013)			
2009	COCRIAMONT Samuel	CABW	11,14	Nivelles	2009	PLUMAT Romain	OSGA	22,16
2010	WATRIN Julien	DAMP	10.38w	Naimette	2010	WATRIN Julien	DAMP	20,95
2011	WATRIN Julien	DAMP	10,79	Herve	2011	WATRIN Julien	DAMP	21,71
2012	NIESEN Charles	RESC	11,48	Nivelles	2012	WATRIN Adrien	DAMP	23,85
2013	DEGAVRE Lionel	HERV	11,26	Herve	2013	DIALLO Oumar	RESC	23,06
2014	BRUNIN Clément	MOHA	11,21	La Louvière	2014	BRUNIN Clément	MOHA	22,49
2015	FISSET Alexandre	CSDY	11.51	Namur	2015	BRUNIN Clément	USBW	22.59
2016	KAPENDA Raphaël	SMAC	10.91	Nivelles	2016	KAPENDA Raphaël	SMAC	21.99
2017	KAPENDA Raphaël	SMAC	10.68	Nivelles	2017	KAPENDA Raphaël	SMAC	22.02
2018	OTJACQUES Romain	SMAC	10.92	Naimette	2018	KASMI Amine	RESC	21.27w
2019	PINTER Arthur	CABW	11.09	Nivelles	2019	MAZEBO Simon	ATH	22.15
400m Borlée Jonathan/WS 46.06 (2006)					800m Elliott Crestan/SMAC 1.46.84 (2018)			
2009	MATINE Tawfik	CSDY	50,20	Nivelles	2009	DUCULOT Antoine	RFCL	1.59.17
2010	MARBAIX Loic	MOHA	50,66	Naimette	2010	LOUVRIER Arnaud	ATH	1.59.12
2011	KEBRON Quentin	RFCL	49,18	Herve	2011	BALHAN Pierre-Antoine	SPA	1.51.30
2012	NIESEN Charles	RESC	50,56	Nivelles	2012	GILLET Julien	RCB	1.56.44
2013	THOMAS Olivier	CABW	51,08	Herve	2013	ZACHARY Florentin	DAMP	2.01.09
2014	SCREVE Alexandre	MOHA	48.8M	La Louvière	2014	DOULEY Antoine	WS	1.56.53
2015	NIJS Gaston	RESC	49.55	Namur	2015	VUORINEN Elias	WS	1.59.82
2016	BOULARD Antoine	DAMP	49.99	Nivelles	2016	DELVOIE Maxime	CSDY	1.57.80
2017	CRESTAN Elliott	SMAC	48.07	Nivelles	2017	GOODALL Alex*	WS	1.58.73
2018	CRESTAN Elliott	SMAC	47.75	Naimette	2018	GOODALL Alex*	WS	1.54.70
2019	DEHOUT Floran	CRAC	50.46	Nivelles	2019	PUISSANT Gauthier	FCHA	1.57.60

1500m Matthieu Vandiest/CABW 3.39.63 (2000)

2009	MUSTIN Kevin	CABW	4.05.64	Nivelles
2010	MOUKRIME Tarik	HERV	3.54.02	Naimette
2011	MOUKRIME Tarik	HERV	3.49.42	Herve
2012	FINTOLINI Dorian	RFCL	3.53.71	Nivelles
2013	NUTTENS Cyrille	USTA	4.06.13	Herve
2014	PETITJEAN Simon	RESC	4.04.01	La Louvière
2015	PETITJEAN Simon	RESC	3.58.23	Namur
2016	AUDAH Ziad	RIWA	3.59.88	Nivelles
2017	WALK Maxwell	WS	4.09.05	Nivelles
2018	WILLOCO Florian	OSGA	4.06.60	Naimette
2019	DELVOIE Basile	CSDY	4.12.70	Nivelles

5000m Jean-Pierre N'Dayisenga/RACW 13.38.74 (1981)

2009	-	-	-	-
2010	PONCELET Valentin	CABW	15.08.60	
2011	LEJEUNE Emmanuel	DS	15.03.25	
2012	-	-	-	
2013	MARECHAL Pierre	RFCL	15.57.11	
2014	MAROYE Nicolas	CABW	15.16.49	
2015	MARINX Bastien	SMAC	15.13.08	
2016	MUREZ Joachim	USTA	16.18.43	
2017	BROZE Jean	RIWA	15.47.54	
2018	FAUCONNIER Sébastien	RFCL	15.27.58	
2019	VROONEN Gaspard*	CABW	16.06.14	

110m H Dylan Caty (RESC) 14.03 (2015)

2009	CHAPELLE Simon	CABW	15,25	Nivelles
2010	AGAZZI Julian	CABW	15,20	Naimette
2011	CRESPEIGNE Romain	CRAC	15,16	Herve
2012	DURANT Thomas	CRAC	14,56	Nivelles
2013	DURANT Thomas	CRAC	14,36	Herve
2014	STAS Vincent	CABW	14,24	La Louvière
2015	CATY Dylan	RESC	14.08	Namur
2016	NUTTE Jean-Baptiste	DS	15.10	Nivelles
2017	PEREDJO Okeowo	RESC	15.45	Nivelles
2018	CARMOY Thomas	CRAC	14.06w	Naimette
2019	CARMOY Thomas	CRAC	13.65	Nivelles

400m H Marc Dollendorf/RFCL 51.30 (1985)

2009	SALVE Pierre	USTA	60,39	
2010	SCAILQUIN Alexis	MOHA	58,86	
2011	PARISIS Jean Loup	DS	58,92	
2012	MISSA Maxime	CSDY	57,10	
2013	LANNOY BRENNET Julien	JSMC	56,89	
2014	VAN OVERSTRAETEN Mathieu	HERV	59,46	
2015	FREID Noe	DAMP	59.45	
2016	BRAEM Mathieu	JSMC	55.94	
2017	BRAEM Mathieu	JSMC	56.76	
2018	MAZEBO Simon	ATH	53.67	
2019	BRUWIER Romain	RFCL	57.36	

3000 st. Elie Aubertin/ULA 8.41.5 (1977)

2009	VANDELEENE Briec	CABW	9.38.42	Nivelles
2010	-	-	-	Naimette
2011	LEJUSTE Tom	ATH	10.40.50	Herve
2012	BOUISSANE Youssef	RESC	9.21.80	Nivelles
2013	KANFOUD Lofti	CABW	10.30.90	Herve
2014	RUSCART Benoit	USTA	10.05.97	La Louvière
2015	COLQUHOUN Timote	DS	9.57.31	Namur
2016	COLQUHOUN Timote	DS	10.19.24	Nivelles
2017	HOCQUET Noah	SMAC	10.44.94	Nivelles
2018	BROZE Jean	RIWA	9.28.76	Naimette
2019	LENOIR Ulysse	CSF	9.22.29	Nivelles

Hauteur Thomas Carmoy/CRAC 2m24 (2019)

2009	CAMPENER Corentin	USTA	1m95	
2010	-	-	-	
2011	LAMBERT Romain	DAMP	2m03	
2012	HUTLET Aurélien	DAMP	2m00	
2013	HOUGARDY Benjamin	SMAC	2m00	
2014	BAL Nicolas	USTA	1m90	
2015	PAKUSZEWSKI Robin	CABW	2m00	
2016	BULEDI Serge	RFCL	2m00	
2017	GAMUELA NGAMUNGUELA Jos	RESC	1m90	
2018	CARMOY Thomas	CRAC	2m10	
2019	CARMOY Thomas	CRAC	2m24	

Longueur Yassin Guellet/ESC 7m86 (1993)

2009	CAMPENER Corentin	USTA	7m04	Nivelles
2010	LARUELLE Jeremy	SMAC	6m90	Naimette
2011	LAMBERT Romain	DAMP	6m94	Herve
2012	LAMBERT Romain	DAMP	7m41	Nivelles
2013	GRAILET François	RFCL	6m61	Herve
2014	RENARD Pierrick	SER	6m58	La Louvière
2015	BODART Robin	BBS	6m39	Namur
2016	BROUWERS Amaury	CABW	7m12w 6m97	Nivelles
2017	NUTTE Jean-Baptiste	DS	7m03	Nivelles
2018	DAVIES Mathieu	OSGA	7m07	Naimette
2019	PAQUOT Jontahan	RFCL	6m93	Nivelles

Perche Domitien Mestré/RFCL 5m40 (1992)

2009	GENET Denis	ACO	3m60	Nivelles
2010	GENET Denis	ACO	4m20	Naimette
2011	ART Arnaud	FCHA	4m80	Herve
2012	ART Arnaud	FCHA	5m35	Nivelles
2013	DELANDMETER Mathieu	CSDY	3m60	Herve
2014	KINT Maxence	CABW	3m80	La Louvière
2015	PLANCHON Quentin	MOHA	4m20	Namur
2016	BODART Robin	BBS	4m60	Nivelles
2017	COLLE Florian	CSDY	4m60	Nivelles
2018	GOBIN Guillaume	SER	4m50	Naimette
2019	HENRY Robin	ROCA	3m80	Nivelles

Disque Younes Kabil/CABW 52m91 (2011)

2009	CRICKX Alexander	CSF	44m93	Nivelles
2010	GUILLAUME Jonathan	BBS	36m62	Naimette
2011	KABIL Younes*	CABW	52m91	Herve
2012	HOURRIEZ Maximilien	MOHA	45m28	Nivelles
2013	HOURRIEZ Maximilien	MOHA	42m88	Herve
2014	PARISSE Arnaud	BBS	42m78	La Louvière
2015	QUOIDBACH Elias	DACM	43m23	Namur
2016	STAS Nathan	RIWA	44m90	Nivelles
2017	MONTILLA Dimitri	RESC	41m61	Nivelles
2018	PAQUOT Kevin	SER	42m76	Naimette
2019	JACQUES Dorian	BBS	37m10	Nivelles

Triple Djeke Mambo/CABW 16m04 (1996)

2009	STEINIER Antoine	CSF	13m71
2010	CALUWE Arnaud	BAEX	13m25
2011	KAPATA Léopold	RCB	15m14
2012	NSOMWE Didrick	RCB	13m87
2013	RENARD Pierrick	SER	13m33
2014	RENARD Pierrick	SER	14m20
2015	HOORENS Christopher	RESC	13m28
2016	BROUWERS AMAURY	CABW	13m27
2017	GEERTS Grégory	RESC	13m81
2018	GEERTS Grégory	RESC	13m98w 13m96
2019	GABIAM Eli	RFCL	13m68

Poids Alain Guillaume/BBS 16m83 (1994)

2009	GETS Florent	USTA	13m28
2010	GUILLAUME Jonathan	BBS	14m53
2011	GUILLAUME Jonathan	RESC	15m37
2012	DELCOURT Virgile	SMAC	10m21
2013	DEPOORTER Youri	IAAC	11m29
2014	WILLOCQ Florient	UAC	13m09
2015	QUOIDBACH Elias	DACM	14m85
2016	STAS Nathan	RIWA	15m29
2017	NUTTE Jean-Baptiste	DS	15m68
2018	PAQUOT Kevin	SER	14m71
2019	PAQUOT Jonathan	RFCL	12m17

Javelot Maurice Vasteels/CSF 65m10 (1996)

2009	DENYS Jonathan	BAEX	39m60
2010	MAES Arthur	BBS	43m80
2011	BERNARD Tom	ROCA	48m98
2012	BRANDERS Timothy	BBS	53m10
2013	DUCHENE Julien	ARCH	45m66
2014	BOA Michael	RESC	48m30
2015	BEGHON Remy	SER	48m23
2016	GILBERT Youri	CABW	48m34
2017	BOVY Lenny	SER	55m58
2018	GOBIN Guillaume	SER	43m88
2019	HENRY Robin	ROCA	54m70

Marteau **Nicolas Pierre/CABW 66m78 (2003)**

2009	AGAZZI Julian	CABW	50m75	Nivelles
2010	-	-	-	Naimette
2011	MOREAUX Thomas	SMAC	54m02	Herve
2012	MOREAUX Thomas	SMAC	58m77	Nivelles
2013	HOURRIEZ Maximilien	MOHA	41m50	Herve
2014	THOMAS Fabian	DAMP	43m19	Nivelles
2015	THOMAS Fabian	DAMP	42m45	Nivelles
2016	VERHELLE Axel	SER	44m48	Nivelles
2017	VERHELLE Axel	SER	46m36	Nivelles
2018	VANGERMEERSCH Florian	CRAC	47m64	Naimette
2019	DEMEY Mathis	CSDY	49m84	Nivelles

Décathlon **Jean-Baptiste Nutte/DS 7321pts (2017)**

2013	STAS Vincent	CABW	7011pts	Bertrix
2014	STAS Vincent	CABW	7299pts	Schaerbeek
2015	SCHAUWERS François	SPA	6275pts	Schaerbeek
2016	MONTILLA Dimitri	SPVI	7280pts	Bertrix
2017	LECOCQ DE PLETINCKX Maxime	JUN	6462pts	Forest
2018	GOBIN Guillaume	SER	6278pts	Schaerbeek
2019	PAQUOT Jonathan	RFCL	6587pts	Schaerbeek

FEMMES

Année	nom	Club	Perf	Lieu	Année	nom	Club	Perf
100m Anne Zagré/RCB 11.52 (2009)					200m Lucie Ferauge (CABW) 23.56 (2019)			
2009	ZAGRE Anne	RCB	11,94	Nivelles	2009	LECOMTE Pauline	CABW	26,23
2010	WUILLAUME Sandrine	RFCL	12,5	Naimette	2010	LECOMTE Pauline	CABW	25,92
2011	MADUANGELE Cynthia	RCB	11,86	Herve	2011	LAUS Camille	USTA	24,56
2012	GASPAR Carole	HF	12,65	Nivelles	2012	LAUS Camille	WS	24,69
2013	LEPRINCE Laura	DAMP	12,26	Herve	2013	SAINT PAUL Justine	CABW	25,68
2014	TSHILUMBA Tiffany	DAMP	11,89	La Louvière	2014	BONHOMME Catherine	DAMP	25,76
2015	VAN DER VEKEN Cindy	RESC	12,47	Namur	2015	LEMBI BONHEUR Heurjonie	USBW	25,42
2016	VAN DER VEKEN Cindy	RESC	12,87	Nivelles	2016	HULIN Clara	RIWA	25,44
2017	GAUTIER Céline	CSDY	12,53	Nivelles	2017	BRIXHE Marie	RFCL	26,63
2018	THIRY Nora	SER	11,98	Naimette	2018	THIRY Nora	SER	24,91

2019 CHAVEPEYER Cloé ACLO 12.54 Nivelles

400m Anne Michel/MALM 53.36 (1978)

2009 LECHIEN Marion RIWA 62,52 Nivelles
2010 BODEUX Olivia BBS 62,11 Naimette
2011 GUILLAUME Eloine SMAC 56,66 Herve
2012 GUILLAUME Eloine SMAC 57,43 Nivelles
2013 MAHEUX Nathalie ACLO 57,76 Herve
2014 MAHEUX Nathalie ACLO 58,39 La Louvière
2015 FICKERS Marie LACE 58.01 Namur
2016 FICKERS Marie LACE 57.51 Nivelles
2017 ROHL Alicia LACE 57.74 Nivelles
2018 DEJEMEPPE Justine CSF 56.62 Naimette
2019 LEJUSTE Loana UAC 60.36 Nivelles

1500m Vanderelst Elise/MOHA 4.12.28 (2017)

2009 HUBERT Clémence BBS 4.58.63 Nivelles
2010 STORDEUR Mélanie FCHA 4.53.18 Naimette
2011 STORDEUR Mélanie FCHA 4.50.58 Herve
2012 - - - Nivelles
2013 - - - Herve
2014 VAN DEN ABEELE Elodie ACLO 4.54.91 La Louvière
2015 DRAUX Céline CABW 4.50.01 Namur
2016 DRAUX Céline CABW 4.57.69 Nivelles
2017 MATHIEU Camille FCHA 5.03.32 Nivelles
2018 THOMAS Juliette DAMP 4.41.61 Naimette
2019 BREVER Chloé HERV 4.44.90 Nivelles

100m H Anne Zagré/RCB 13.18 (2009)

2009 ZAGRE Anne RCB 13,48 Nivelles
2010 PONDANT Laurie SPA 15,84 Naimette
2011 MADUANGELE Cynthia RCB 14,37 Herve
2012 CHEVALIER Alicia CADY 17,41 Nivelles
2013 LEPRINCE Laura DAMP 14,90 Herve
2014 LAURANT Chloé SPA 14,94 La Louvière
2015 VAN CAUWENBERGHE Siliane DS 14.04 Namur
2016 BARTHEL Laure BBS 15.10 Nivelles
2017 DEGAND Mathilde JSMC 15.04 Nivelles
2018 LOPEZ CASTELLANOS Fiona CABW 15.09 Naimette
2019 VIOLLE Chloé HERV 15.19 Nivelles

2019 CHAVEPEYER Cloé ACLO 24.97

800m Ludivine Michel/MALM 2.03.69 (1999)

2009 JACOBS Charlotte RCB 2.16.12
2010 LEDENT Morgane RFCL 2.25.94
2011 BOUANATI Soukaina ATH 2.29.49
2012 GERARDY Aline ARCH 2.19.54
2013 LEJEUNE Pauline OCAN 2.24.47
2014 SENSEE Hélène ARCH 2.16.72
2015 FICKERS Lisa LACE 2.21.40
2016 CORNET Nina WS 2.17.39
2017 DESWAEF Mathilde RCB 2.10.73
2018 MULS Camille RESC 2.08.22
2019 WELSCH Milly SER 2.09.52

3000m Myriam Dumont/ESVR 9.29.2 TM (1982)

2009 LENTZ Kelly MALM 10.59.76
2010 DE COCK Florence FCHA 11.42.50
2011 SIMON Gwenaelle MOHA 11.02.60
2012 SIMON Gwenaelle MOHA 10.54.15
2013 DENYS Yewbdar CSDY 10.30.38
2014 DENYS Yewbdar CSDY 10.47.59
2015 VAN DEN ABEELE Elodie ACLO 10.25.61
2016 ANDRE Eleonore BBS 10.35.72
2017 BRANDERS Ange DAMP 10.19.35
2018 BRANDERS Ange DAMP 10.10.85
2019 DOISON Lucile DS 10.24.58

400m H Anne Michel/MALM 57.92 (1978)

2009 DECROUPETTE Anais SER 71,37
2010 HENRARD Victoria DAMP 68,58
2011 NYSTEN Emeline CSDY 74,67
2012 LEPRINCE Audrey DAMP 62,85
2013 DECHAMPS Célestine HF 78,35
2014 BADJI Jalika RESC 66,57
2015 BRACKMAN Justine DAMP 61.92
2016 DEBOUGNOUX Valentine HF 61.08
2017 BAYENS Mathilde ACLO 69.41
2018 WELSCH Milly SER 67.67
2019 LALLEMAND Sarah FCHA 64.83

3000m st Charlotte Mahieu/DAMP 11.43.95 (2008)

2009	DERDE Gisèle	CABW	13.22.08	Nivelles
2010	PIRAUX Elise	ATH	12.48.92	Naimette
2011	HAINAUT Ines	ATH	12.57.58	Herve
2012	-	-	-	Nivelles
2013	-	-	-	Herve
2014	DUPONT Marion	MOHA	13.33.73	La Louvière
2015	-	-	-	Namur
2016	-	-	-	Nivelles
2017	OUBOUSKOUR Oumaima	CRAC	13.17.28	Nivelles
2018	-	-	-	Naimette
2019	-	-	-	Nivelles

Longueur Sandrine Hennart/RUSTA 6m55 (1990)

2009	HOSTYN Priscilla	CABW	5m34	Nivelles
2010	WUILLAUME Sandrine	RFCL	5m66	Naimette
2011	LOUREIRO Elsa	RFCL	5m33	Herve
2012	THIAM Nafissatou	RFCL	5m91	Nivelles
2013	LAURANT Chloé	SPA	5m70	Herve
2014	LAURANT Chloé	SPA	5m49	La Louvière
2015	GUISSE Saliyya	RESC	5m22	Namur
2016	COOPER May Lee	MOHA	5m69w 5m11	Nivelles
2017	SEMENOU Annabelle	CABW	4m87	Nivelles
2018	BODART Ombeline	BBS	5m17	Naimette
2019	CASSANDRE Evans	HUY	5m95w 5m87	Nivelles

Perche Mélanie Vissers/WACO 4m06 (2017)

2009	WYNANT Stéphanie	USBW	2m60	Nivelles
2010	-	-	-	Naimette
2011	-	-	-	Herve
2012	DOTREPPE Mathilde	DAMP	3m50	Nivelles
2013	QUIRIN Margaux	ACO	3m60	Herve
2014	-	-	-	La Louvière
2015	-	-	-	Namur
2016	VAN DE SYPE Chloe	RESC	3m10	Nivelles
2017	-	-	-	Nivelles
2018	T'KINT Juliette	IAAC	2m70	Naimette
2019	VISSERS Mélanie	ATC	4m10	Nivelles

Hauteur Sabrina De Leeuw/CSF 1m93 (1993)

2009	SOEBBOTINA Alissa	OSGA	1m65
2010	OPSOMER Julie	JSMC	1m45
2011	CHEVALIER Alicia	CSDY	1m45
2012	THIAM Nafissatou	RFCL	1m76
2013	BEKISZ Sophie	HF	1m55
2014	FISSETTE Florine	OCAN	1m60
2015	LEONARD Sarah	FCHA	1m68
2016	MERCENIER Alice	HERV	1m71
2017	FOLIE Clara	CABW	1m50
2018	NENIN Eline	SMAC	1m71
2019	VIOLLE Chloé	HERV	1m60

Triple Nafissatou Thiam/RFCL 12m54 (2013)

2009	ROZET Mélanie	DAMP	10m43
2010	LOUREIRO Elsa	RFCL	12m25w
2011	LOUREIRO Elsa	RFCL	11m82
2012	DELHASSE Alison	SPA	9m34
2013	DUVIVIER Karine	CABW	11m66
2014	HUSTIN Solene	DAMP	10m24
2015	GUISSE Saliyya	RESC	11m68
2016	CATY Emeline	RESC	10m82
2017	WAN Kelly	MOHA	11m25
2018	DHEUR Géraldine	IAAC	11m02
2019	SVENMO SALAY Antonia*	WS	11m00

Poids Nafissatou Thiam/RFCL 14m26 (2013)

2009	SCIMECA Anna	USBW	11m95
2010	OPSOMER Julie	JSMC	8m66
2011	BORBOUSE Moly	DAMP	11m62
2012	BORBOUSE Moly	DAMP	12m31
2013	JOSSE Laetitia	ACLO	9m98
2014	RAMAY Pauline	CABW	10m81
2015	STAVART Marie	CSDY	9m91
2016	ROUSSEAUX Laura	CABW	9m64
2017	DODRIMONT Emilie	CABW	11m04
2018	BUSCHGENS Emilie	DAMP	12m15
2019	DANDAL Clothilde	OSGA	10m13

Disque Emilie Dodrimont/CABW 48m60 (2017)

2009	SCIMECA Anna	USBW	37m98
2010	D'HERDE Gisele	CABW	28m98
2011	BORBOUSE Moly	DAMP	43m59
2012	BORBOUSE Moly	DAMP	42m20
2013	JOSSE Laetitia	ACLO	38m16
2014	JOSSE Laetitia	ACLO	40m55
2015	VANDYCKE Ines	ARCH	17m39
2016	PARDOMS Charlotte	CABW	25m72
2017	DODRIMONT Emilie	CABW	45m96
2018	DODRIMONT Emilie	CABW	41m61
2019	DENDAL Clothilde	OSGA	23m13

Marteau Irina Sustelo/ESC 56m30 (2001)

2009	BIERNA Amélie	MOHA	37m61
2010	BIERNA Sandrine	MOHA	33m52
2011	BIERNA Sandrine	MOHA	33m99
2012	GUISSE Shaena	RESC	24m52
2013	CAMILOTTO Laura	MOHA	45m50
2014	RAMAY Pauline	CABW	46m87
2015	RAMAY Pauline	CABW	48m42
2016	-		
2017	-		
2018	-		
2019	-		

Heptathlon Nafissatou Thiam/RFCL 6298pts (2013)

2013	LAURANT Chloé	SPA	4457pts	Bertrix
2014	LAURANT Chloé	SPA	4867pts	Schaerbeek
2015	STAVART Marie	CSDY	3981pts	Schaerbeek
2016	COULON Géraldine	CSDY	4500pts	Bertrix
2017	CLAMAR Maud	HUY	2835pts	Forest
2018	PARDOMS Emilie	CABW	4059pts	Schaerbeek
2019	EVANS Cassandre	HUY	5125pts	Schaerbeek

Javelot Nafissatou Thiam/RFCL 46m94 (2013)

2009	-	-	-
2010	PIRET Justine	CRAC	36m47
2011	-	-	-
2012	PHARAOH Emma	CSDY	35m60
2013	-	-	-
2014	BOUVENCOURT Julie	USBW	25m53
2015	KOEUNE Louise	CAF	23m08
2016	SMAL Pauline	SMAC	40m15
2017	SMAL Pauline	SMAC	42m10
2018	HUQUE Emilie	CSDY	36m25
2019	EVANS Cassandre	HUY	44m56